

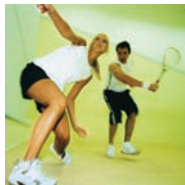
## What do I need to do now?

1. Check your eligibility.  
You must be 19 or over and work in Health and Fitness and live/work in the North West region.
2. Book and pay for your course with our providers listed.  
You need to book your course first before you apply for this funding.
3. Apply at [www.getqualifiednw.org.uk](http://www.getqualifiednw.org.uk)
4. Attend your course and get your paperwork signed.
5. On **successful** completion of your course and receipt of your certificate, send back the paperwork for your reimbursement.  
Unfortunately we can't issue reimbursements for individuals who don't pass the course.

quality



innovation



clarity

Contact our team to find out more  
Email: [andrew.watkins@sportactivensa.co.uk](mailto:andrew.watkins@sportactivensa.co.uk)  
Call: 07590 439 535

This is a new programme run in partnership by the University of Cumbria with the National Skills Academy, with funding from the European Social Fund managed by the Skills Funding Agency. State Aid Regulations apply. This is a time limited project which is subject to change.

Funded by:

**Skills  
Funding  
Agency**

University of Cumbria



## Up to 60% off Health and Fitness qualifications

The National  
**Skills Academy**  
SPORT &  
ACTIVE LEISURE



Get qualified North West offers you up to £300 off a range of Health and Fitness qualifications.

Part of the SkillsActive group:

**SkillsActive**  
More People, Better Skilled, Better Qualified

In partnership with:

University of Cumbria

## What is Get Qualified North West?

Get Qualified is a North West programme funded to help individuals gain qualifications across the Health and Fitness sector.

This programme is aimed at both individuals and organisations. It aims to help those who need a Level 2 qualification to start a career in Health and Fitness or progress those who want to take their career further and gain Level 3.

### What we can offer you:

The courses listed below are currently eligible for funding through this scheme:

Course	Max level of funding
<b>Level 2 Qualifications</b>	
<b>Gym</b>	
CYQ Certificate in Gym Instructing (GYM)	£200
CYQ Certificate in Gym Instructing (Exercise to Music)	£200
CYQ Certificate in Gym Instructing (Aqua)	£200
CYQ Award in Circuit Training	£200
CYQ Award in Step Exercise to Music	£200
CYQ Award in Group Indoor Cycling	£200
<b>Children's Fitness</b>	
Active IQ Adapting Gym Sessions for Adolescents	£200
CYQ Certificate in Instructing Health Related Exercise for Children	£200
Active IQ Certificate in Teaching Physical Activity to Children	£200
<b>Pool</b>	
NARS STA Certificate for National Rescue Standard – Pool Lifeguard	£200
<b>Level 3 Qualifications</b>	
<b>Gym</b>	
CYQ Advanced Fitness Instructor taught in the context of Gym or Exercise to Music	£300
CYQ Certificate in Personal Training (made up from the 5 modules below)	£300
CYQ Advanced Fitness Instructor	£300
CYQ Training in Different Environments	£300
CYQ Nutrition and Weight Management	£300
CYQ Lifestyles and Fitness Assessment	£300
CYQ Business and Marketing for the Fitness Professional	£300
<b>Special Populations</b>	
CYQ Award in Functional Training for the Independent Older Adult	£300
CYQ Award in Instructing Physical Activity for Ante/Post Natal Exercise	£300
CYQ Certificate in Exercise Referral for clients with Specific Controlled Conditions	£300

PLEASE NOTE THIS LIST IS SUBJECT TO CHANGE. All information is correct as of April 2010. Eligibility of courses may change throughout the lifetime of the funding scheme.

## Who can deliver the training?

Central Sports Management	<a href="http://www.centralsports.org">www.centralsports.org</a>	08445 611 995
Focus Training	<a href="http://www.focus-training.com">www.focus-training.com</a>	0800 731 9781
Oldham Community Leisure	<a href="http://www.ocll.co.uk">www.ocll.co.uk</a>	0161 621 3220
SHOKK®	<a href="http://www.shokk.co.uk">www.shokk.co.uk</a>	0161 8777 870
The Manchester College	<a href="http://www.themanchestercollege.ac.uk">www.themanchestercollege.ac.uk</a>	0800 068 8585
Trafford College	<a href="http://www.trafford.ac.uk">www.trafford.ac.uk</a>	0161 886 7000
YMCA Fitness Industry Training	<a href="http://www.ymcafit.org.uk">www.ymcafit.org.uk</a>	020 7343 1850



Our network of specialist providers allow you to choose the course that suits you